PASSWORD COMPLEXITY

<https://securityboulevard.com/2020/04/the-benefits-and-drawbacks-of-password-complexity-rules/>

Requirements we can include-

* Length (Generally 8 characters, but more characters = more secure)
* Special Characters
* Upper & Lowercase letters
* Numbers

For something slightly more complex, we can require that the password not include their first or last name or email name.

I think that it would be fine to just do the items in the bulleted list. For length requirement, I would recommend between 8-20 characters.